

Surgical Patient Orientation



**HOSPITAL
SÍRIO-LIBANÊS**



Welcome to Sírio-Libanês.

This document intends to introduce to you, your family and accompanying people the main instructions about your surgery.

During the hospitalization, our multiprofessional team will be next to you to provide the necessary care and guide your recovery until hospital discharge.

You can count on us!





Time

Check the date and time of your surgery at the email.



Local

Hospital Sírio-Libanês – Hospital Complex Bela Vista

Address: Rua Dona Adma Jafet, 115 – Bela Vista

Parking lot is available, administered by Indigo.
Check the discount packages they offer.



What should you bring?

Documents required for hospital admission: RG (ID), CPF or CNH (Driver's License).

If the surgery is being paid by the healthcare insurance, please bring your card.

If the surgery is being paid out of pocket, please bring the estimate submitted by our Price Estimate Area.

If it has not been made yet, our unit will help you.



Tests

Please bring only laboratory and/or imaging tests performed in different sites, as instructed by the doctor.

Please note: Tests performed at Sírio-Libanês do not have to be printed as they are available in our system.



Medication

Follow your doctor's instructions about use of habitual medication.

Bring the everyday use medication or a list of them and inform the nurse about them during the initial interview.

During hospital stay, all medication, including the ones taken daily, will have to be prescribed and then administered by our team.

Your own medication cannot be taken during hospital stay. The pharmacy team will individually analyze exceptions.



Personal belongings

The hospital offers a vanity kit and a surgical gown. If you prefer, bring your own personal hygiene products and comfortable clothes.

We recommend that you bring comfortable slippers or well-adjusted anti slippery shoes that make you comfortable and prevent falls.

Do not bring rubber sole shoes or shoes with openings or straps on the ankles as they increase the risk of falls.

Do not bring a gel bag, as its use increases the risk of burns.



Pre-Surgical Recommendations

- Follow the instructions of the surgical team about preparation for the procedure and duration of fasting.
- Remove piercings, jewelry (earrings, necklaces, rings), hair extensions, eyelashes (extension, fillers or fake lashes), and nails (fake, gel or fiberglass nails).
- Take a full shower the night before the surgery.
- Take away removable prostheses before the surgery.

- Do not cut hairs or use a shaver on the site where the surgery will be made. Hairs will be shaved at the hospital using an electric device.
- On the day of surgery do not wear products such as hair spray, gel, mousse, leave-in or creams, nor makeup, especially on the eyelashes.



Pediatric patients

If the child has any favorite object or toy, such as a pacifier, cloth, etc. it is allowed to bring them to the hospital.

Inform the physician if the child takes any special baby formula or diet.



Key Information

If patients want to limit the visits, please inform Hospitality upon arriving in the room.

Please contact us by email pre.internacao@hsl.org.br or telephone 11 3394-5509 / 3394-0163 if you are part of any of the groups below:

Functional dependency (bedridden patient, wheelchair user, reduced visual acuity, reduced hearing or cognitive deficit).

User of assisted devices (wheelchair, clutches, cane, walker).

Need to have ventilation support (continuous oxygen, ventilation or BIPAP).



Patient Visitation Policy

COVID-19 (confirmed or suspected)			Patients in general	
	Visitor	Accompanying person	Visitor	Accompanying person
UTI	1 visitor ¹ per day for 30 minutes, between 14-15pm or 20-21pm	Forbidden	2 visitors in each period between 15-17pm and 21-22pm	1 accompanying person (replacement of people should occur in minimum periods of 4 hours)
			During visiting hours, respect the limit of up to 2 people per room	
Inpatient Unit	Forbidden	1 person allowed ^{1,2}	Visits between 9am and 21pm	1 accompanying person
Emergency Department	Forbidden	1 person allowed ^{1,2}	1 accompanying person ^{1,2}	
Pediatric Inpatient Unit	Forbidden	2 previous registered people allowed ¹	2 visitors per room between 9am - 21pm	2 accompanying people (replacement of people should occur in minimum periods of 4 hours)
Pediatric ICU and Step- Down Units	Forbidden	2 previous registered people allowed ¹	2 visitors in each period between 15-17pm and 21-22pm	2 accompanying people (replacement of people should occur in minimum periods of 4 hours)

KEY INFORMATION

- One-hour visiting period, as provided by the times and conditions described in the table.
- Facial masks are required throughout the hospital 100% of the time, including in the rooms.
- Visitors and accompanying people should not present any cold symptoms, such as fever, running nose, nasal congestion, body pain, sore throat, cough or hoarseness.

It is recommended that visitors and accompanying people have completed the immunization program against COVID-19. In addition, facial masks are required throughout the hospital including in the rooms, as provided by the legislation in force 3.

1. Not being part of the risk groups (age over 60, pregnant women, people with clinical comorbidities) and, as provided by current scientific evidence, preferably presenting completed immunization program against COVID-19.
2. Vulnerable patients in the inpatient units and Emergency Department will be entitled to one accompanying person, even though visitors are restricted. Assessing patient's vulnerability is part of the routine of clinical teams' daily assessments. This decision is always shared with the attending medical team and the plan of care is defined together.
3. http://diariooficial.imprensaoficial.com.br/nav_v6/index.asp?c=31669&e=20220317&p=1



When you arrive at the hospital

Look for the hospital admission area. You will be guided to the preoperative area to start the preparation for the surgery, then referred to the Operating Suite. Your bed will be defined after the surgery.

For additional information, access the manuals available on the website:
<https://www.hospitalsiriolibanes.org.br/materiais-informativos/>

For questions about:

Authorization by healthcare
Insurance companies:
(11) 3394-4000

Price Estimate Area:
(11) 3394-5522

Parking Lot Indigo:
(11) 3394-4825 or 3394-4726

Hospitality:
(11) 3394-0540

If you have any questions, please contact us at:

11 3394-5509 / 3394-0163 or e-mail pre.internacao@hsl.org.br



**We wish you a successful
surgery and quick recovery.**